



The Complete Household Cleaning Notebook

BEGIN.

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BEDROOMS

WEEKLY CLEANING CHECKLIST

- TAKE PILLOWCASES TO WASHING MACHINE
- PUT AWAY TOYS, BOOKS, AND CLOTHES
- EMPTY GARBAGE CAN
- DUST FURNITURE, SURFACES AND OBJECTS
- CLEAN MIRRORS
- WIPE LIGHT FIXTURES
- WIPE HAND PRINTS FROM WINDOWS AND DOORS
- VACUUM FLOORS
- DISINFECT DOOR HANDLES

LAUNDRY ROOM

WEEKLY CLEANING CHECKLIST

- CLEAN OUTSIDE OF WASHING MACHINE AND DRYER
- EMPTY GARBAGE CAN
- TIDY LAUNDRY SUPPLIES
- WIPE LIGHT FIXTURES
- WIPE HAND PRINTS FROM WINDOWS AND DOORS
- MOP OR VACUUM FLOORS
- DISINFECT DOOR HANDLES

DINING ROOM

WEEKLY CLEANING CHECKLIST

- DUST FURNITURE AND OBJECTS
- CLEAN MIRRORS
- WIPE LIGHT FIXTURES
- WIPE HAND PRINTS FROM WINDOWS AND DOORS
- VACUUM FLOORS
- DISINFECT DOORHANDLES

ENTRYWAYS, STAIRS, HALLWAYS

WEEKLY CLEANING CHECKLIST

- PUT AWAY MAIL
- DUST WOODWORK, FURNITURE, AND OBJECTS
- CLEAN MIRRORS
- WIPE LIGHT FIXTURES
- WIPE HAND PRINTS FROM WINDOWS AND DOORS
- VACUUM FLOORS
- DISINFECT DOORHANDLES

OFFICE

WEEKLY CLEANING CHECKLIST

- DUST SUFACES, COMPUTER AND FURNITURE
- EMPTY GARBAGE CAN
- CLEAN SCREENS
- WIPE LIGHT FIXTURES
- WIPE HAND PRINTS FROM WINDOWS AND DOORS
- FILE WEEKLY PAPERWORK
- VACUUM FLOORS
- DISINFECT DOORHANDLES

KITCHEN

WEEKLY CLEANING CHECKLIST

- CLEAN INSIDE OF REFRIGERATOR
- EMPTY GARBAGE CAN AND WIPE INSIDE AND OUT
- WIPE CABINETS AND COUNTERTOPS
- WIPE INSIDE OF MICROWAVE
- CLEAN APPLIANCES
- WIPE LIGHT FIXTURES
- WIPE HAND PRINTS FROM WINDOWS AND DOORS
- WASH THE FLOOR
- DISINFECT DOOR HANDLES

LIVINGROOM/FAMILYROOM

WEEKLY CLEANING CHECKLIST

- DISCARD MAGAZINES AND CATALOGS
- DUST SURFACES AND OBJECTS
- DUST THE TOPS AND SPINES OF BOOKS
- WIPE ELECTRONICS
- VACUUM UPHOLSTERY
- CLEAN MIRRORS
- WIPE LIGHT FIXTURES
- WIPE HAND PRINTS FROM WINDOWS AND DOORS
- VACUUM FLOORS

MONTHLY HOUSEHOLD CLEANING CHECKLIST

BATHROOMS

- SCRUB GROUT
- WIPE TUB AND SHOWER SURROUNDS
- LAUNDER SHOWER CURTAIN
- ORGANIZE MEDICINE CABINET

BEDROOMS

- VACUUM BASEBORDS
- LAUNDER BEDDING
- DUST CLOSET SHELVES AND STORAGE BINS
- ORGANIZE CLOSET AND DRAWERS

KITCHEN

- DISCARD FOOD IN REFRIGERATOR AND FREEZER
- WASH STOVE VENTELATION HOOD FILTER
- DEEP CLEAN MICROWAVE AND STOVE

WHOLE HOUSE

- VACUUM OR WIPE BASEBOARDS
- WIPE SWITCH PLATES
- VACUUM WINDOW TREATMENTS
- WAX /POLISH WOOD FURNITURE
- CLEAN STONE, CONCRETE AND WOOD FLOORS
- LAUNDER SLIPCOVERS

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2018